



## Responsible Behavior: Let's Talk About Pressure

Workplace pressure creates stress, and stress can impact the decisions we make. Poor decisions made while experiencing the negative effects of stress can encourage us to cut corners, and can degrade the quality of our work. Sometimes, poor decisions can even lead to misconduct.

What can you do to help break the chain that links pressure to stress and from stress to poor decision-making? Maybe you can:

- Start a conversation in your workplace about the root cause of pressure, and how it can be addressed.
- Speak up and report concerns that feel wrong, or need attention.

Speaking up and reporting concerns can take **courage**, but doing so is a professional duty that fosters our ethics culture. You can talk with a manager, your Human Resources partner, the Legal Department, or your Local Ethics Officer.

The Ethics Helpline can be accessed at [www.baesystems.ethicspoint.com](http://www.baesystems.ethicspoint.com), or reached toll-free in the United States at 888-306-7330, the United Kingdom at 0808-234-3708, Saudi Arabia at 1-800-10-888-306-7330, Sweden at 020-79-1013, or Israel at 180-941-3855.

My Local Ethics Officer is:

**Courage is grace under pressure.**

Ernest Hemmingway